


**2026 ANNUAL CONFERENCE & EXPO**  
 Celebrating 60 Years  
 Then. Now. Next.



**OASIS Myths**  
*Busted with CMS Guidance*

Wednesday, June 24<sup>th</sup>, 2026 10:45am


 **2026 Annual Conference & Expo**

© 2026 California Association for Health Services at Home

1

**Presenters**  
*Lisa Selman-Holman and Annette Lee*

 **2026 Annual Conference & Expo**

© 2026 California Association for Health Services at Home

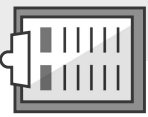
2


LisaSelman-Holman@McBeeAssociates.com  
 Annette@providerinsights.com

1

**Objectives**

1. Identify the most prevalent OASIS myths that negatively influence data integrity, quality outcomes, and reimbursement.
2. Apply CMS-aligned guidance to replace common misconceptions with accurate OASIS decision-making.
3. Strengthen clinician education and internal auditing efforts by addressing persistent myth-based errors at the bedside and in review processes



 **2026 Annual Conference & Expo**

Copyright © Nelsmar. All rights reserved. mcbec part of Nelsmar


3

**Myth**

**Why Waste Time on the GG Items?**

**Reality**

They Don't Matter

 **2026 Annual Conference & Expo**

4

LisaSelman-Holman@McBeeAssociates.com  
 Annette@providerinsights.com

2



### Home Health Value Based Purchasing

- Discharge Function
- OASIS contributes 40% to your Total Performance Score in HHVBP if you're in the Larger-Volume Cohort.
  - There are only 6 measures included in the OASIS-Based Measures.
  - Of that 40%, the DC Function score now contributes 15%.
  - That is the single largest percentage of the OASIS measures, meaning its contribution to HHVBP is substantial.
  - Getting this right is an investment in your agency's financial future.

2026 Annual Conference & Expo

### Performance Codes

06 – Independent	Patient does everything alone	06 = No assist in the mix
05 – Setup or Clean-up Assist	Helper helps before or after, not during	05 = Prep to Thrive
04 – Supervision or Touching Assist	Helper provides verbal cues, steadying, or light touch	04 = Watch the Chore
03 – Partial / Mod Assist	Helper does less than half	Less of Me = the score is 3
02 – Substantial / Max Assist	Helper does more than half	Needs More = 2 is the score
01 – Dependent	Helper does all the effort OR 2 helpers needed	01 = 2 to get it done

2026 Annual Conference & Expo

Education

Myth

Reality

The Antidote for the Misinformed

2026 Annual Conference & Expo

### Activity Not Attempted

09 – Not applicable / Baseline unable	Patient can't do it now or before	09 = Baseline
88 – Not attempted due to medical or safety concerns	Can't do it now but could before	88 = Brand New State
10 – Not attempted due to environmental limitations	Not attempted due to environment or lack of equipment	10 = Blocked Again
07 – Patient Refused	Patient refused and no other activity or not attempted code applies	07 = Nope Not Steppin
Dash	No information available	Dash is Trash

2026 Annual Conference & Expo

**It's okay to use 07**

Patients have a right to refuse!

**Reality**

Besides, I was busy and she doesn't need me. I'll just do the discharge later after I eat dinner.

2026 Annual Conference & Expo

13

**07 – Patient Refused**

- *The Code of Last Resort*
- Patient refused and no other activity or not attempted code applies – really?!?!
  - Watch the patient perform a similar activity – flex your clinical judgment muscles
  - Ask the patient or caregiver about the activity in question – it is okay to ask
    - ▶ Example: Car transfer – How did that go? How much help did you need?
- Unlike the other Activity Not Attempted (Assessed) Codes the use of 07 and 10 should be limited.
  - 09 and 88 have specific meaning and should be used when appropriate.

2026 Annual Conference & Expo

14

LisaSelman-Holman@McBeeAssociates.com  
Annette@providerinsights.com

7

**“No Visit” Discharges are no big deal**

**Reality**

Besides, I was busy and she doesn't need me. I'll just do the discharge later after I eat dinner.

2026 Annual Conference & Expo

15

**What's the CMS Requirement?**

- Discharge from agency services requires an *in person* visit to complete the assessment.
- A Discharge (DC) OASIS is required within 2 days of discharge.
  - Agency policy may dictate the date of discharge, e.g., date of the last visit or, 2 days after last visit in the case of a required notice of discharge to the patient or request for discharge.
- CMS does NOT recognize a routine “non-visit” discharge
  - These are unplanned or unexpected discharges (not a convenience option for busy clinicians)
  - Routine use of “non-billable discharge” workflow pose a survey risk
- It's important to set the expectation that the patient will be seen in-person all the way end of their care.
  - DC planning should begin at the SOC





2026 Annual Conference & Expo

16

LisaSelman-Holman@McBeeAssociates.com  
Annette@providerinsights.com




8

### How to Compliantly Handle a Discharge Without a Visit

-  In the case of an unplanned discharge, CMS still requires the DC OASIS to be **based on an assessment.**
-  The discharge OASIS must be completed **by the last qualified clinician who saw the patient**
-  Included should be the **findings from that last visit** (existing clinical information) without using "administrative" assumptions
-  This information may be **augmented by documentation from any other agency staff who visited the patient within the last 5 days** that the patient received visits defined as "the date of the last visit, plus the four preceding calendar days"

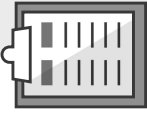
2026 Annual Conference & Expo 17

### Benefits of Completing a Compliant DC OASIS

-  An accurate discharge OASIS assessment and a timely discharge are essential to keeping that patient safe at home.
-  An effective discharge is even more important with the Discharged to Community—Post Acute Care VBP claims-based outcome (and impacts MSPB, too).
-  You need a real end timepoint for the outcomes (Improvement in Oral Med Management, Improvement in Dyspnea, DC Function)

2026 Annual Conference & Expo 19

### Risk/Impact of No Visit Discharge

-  No real discharge plan
- Were goals met? Was the patient set up for success?
- Discharged to Community DTC
  - You are responsible for that patient for 31 days after their discharge from your care,
  - You need to keep them out of the hospital (ACH and LTCH) **and** alive.
- Medicare Spending Per Beneficiary MSPB
  - Counts most inpatient admissions **and** observation stays within 30 days of DC

Copyright © Nelsmart. All rights reserved. mcbec part of Nelsmart 18

### But he's not SOB! Myth

I was with him for over two hours and he was never short of breath. Not once. And no, I didn't stand him up. He weighs over 300 pounds!

Reality

2026 Annual Conference & Expo

**M1400**

- When is the patient dyspneic or noticeably Short of Breath?

**M1400. When is the patient dyspneic or noticeably Short of Breath?**

Enter Code

0. Patient is not short of breath

1. When walking more than 20 feet, climbing stairs

2. With moderate exertion (for example, while dressing, using commode or bedpan, walking distances less than 20 feet)

3. With minimal exertion (for example, while eating, talking, or performing other ADLs) or with agitation

4. At rest (during day or night)

- The key word is **when!**
- Consider — **What** makes the patient dyspneic or noticeably short of breath
  - Did that activity occur within the assessment timeframe?
- This item is included in our outcome measures, posted on Care Compare and is one of the OASIS-based measures for HHVP.

2026 Annual Conference & Expo

**Key Findings from the OIG**

- Home health agencies are underreporting falls
- 55% of falls with major injuries and hospitalization among Medicare home health patients were not reported in OASIS assessments as required.

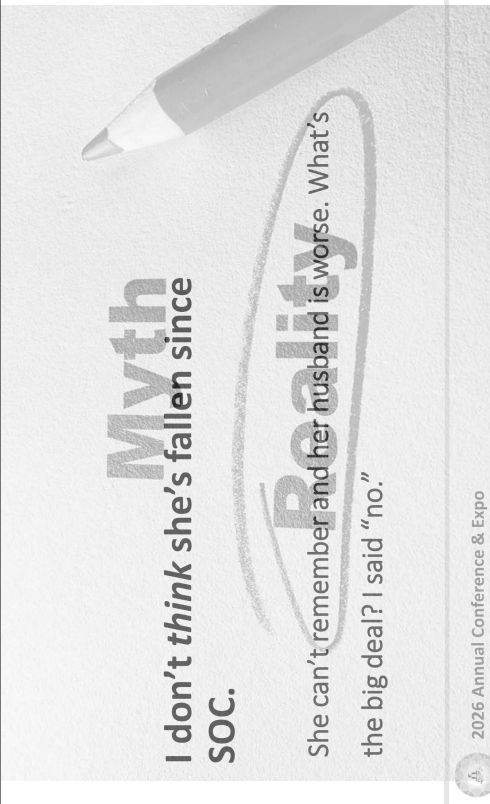
**J1800. Any Falls Since SOC/ROC, whichever is more recent.**

Has the patient had any falls since SOC/ROC, whichever is more recent?

0. No → Slip to M1400, Short of Breath at LOC, Slip to M2005, Medication Intervention at TRN and DAH

1. Yes → Continue to J1500, Number of Falls Since SOC/ROC

2026 Annual Conference & Expo



**I don't *think* she's fallen since SOC.**

**Reality.** What's the big deal? I said "no."

2026 Annual Conference & Expo

**Data Sources & Considerations**

OASIS

Medicare fee-for-service (FFS) claims

Medicare Advantage encounter data

Medicaid claims and encounter data

No risk adjustment!

Only typical OASIS exclusions:

- Under 18
- Maternity
- Unskilled care only

2026 Annual Conference & Expo

## Comparison

### Original

The original version of the measure has been consistent across post-acute care and home health settings, such that an FMI is identified when both a fall and major injury are indicated on the patient assessment (i.e., numerator includes item J1800 identifying that there was a fall indicated on the assessment and item J1900C identifying that there was a major injury indicated on the assessment).

**New**

**Numerator Calculation Step 3 - Add external cause & Major Injury diagnosis from claim/encounters**  
Note: Numerator Calculation 2 is inclusive of Numerator Calculation Step 2 (Inclusive of Numerator Calculation Step 1)

Fall identified in claims & encounter data (external cause code) + Major injury identified in claims & encounter data (hospital, emergency department, or observation stay claim)

**Numerator Calculation Step 1 (Current calculation from assessment)**  
Note: Numerator Calculation 2 is inclusive of Numerator Calculation Step 1

Fall on assessment (J1800 = 1) + Major injury identified in claims/encounters (hospital, emergency department, or observation stay claim) (J1900C = 1 or 2)

2026 Annual Conference & Expo

## New Definitions of a Fall

- Unintentional change in position coming to rest on the ground, floor, or onto the next lower surface (e.g., onto a bed, chair, or bedside mat). The fall may be witnessed, reported by the patient or an observer, or identified when a patient is found on the floor or ground.
- A fall due to an overwhelming external force (e.g., a patient pushes another patient) is considered a fall.
- An intercepted fall is considered a fall. An intercepted fall occurs when the patient would have fallen if they had not caught themselves or had not been intercepted by another person. However, an anticipated loss of balance resulting from a supervised therapeutic intervention where the patient's balance is being intentionally challenged during balance training is not considered an intercepted fall.

2026 Annual Conference & Expo

## Detail on Calculation

- Identify the population**  
Quality episodes created by matching SOC/ROC and EOC assessments.
- Link Medicare and Medicaid Claims & Encounter Data**  
For each quality episode, search for claims submitted during the episode.
- Identify Falls with a Major Injury**  
Using the quality episodes and linked claims & encounter data.
- Calculate the provider-level FMI rate**

Episode	J1800 (Fall)	J1900C (Injury)	Claim	Claim	FMI
			Injury	Fall	
1				No	No
2				Yes	Yes
3				Yes	Yes
4				Yes	Yes
5				Yes	Yes
6				Yes	Yes
7				Yes	Yes

FMI = # of episodes with FMI / # of quality episodes

SOC = Start of care; ROC = Resumption of care; EOC = End of care





2026 Annual Conference & Expo

## Preventing Falls With Major Injury

- Clinical Focus Areas**
- Medication Review:** Evaluate medications that impact balance, cognition, sedation, or blood pressure (e.g., antihypertensives, opioids, psychotropics, diuretics).
- Orthostatic Hypotension:** Routinely assess for orthostatic changes and address symptomatic drops in blood pressure.
- Visual Impairment:** Identify vision deficits that limit hazard recognition and depth perception; increasing fall risk.
- Mobility & Strength Deficits:** Assess for muscle weakness, gait instability, impaired coordination and limited endurance that compromise safe ambulation.
- Risk-Taking & Unsafe Behaviors:** Address behaviors such as rushing, improper footwear, refusal or misuse of assistive devices, and nonadherence to safety recommendations.

2026 Annual Conference & Expo

### What to Do

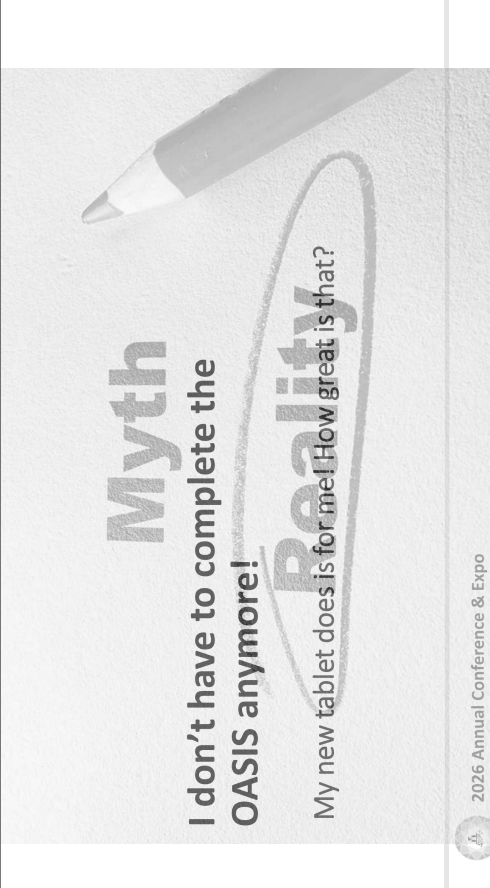
- Ensure Clinicians Know/Do the Following:
  -  Balance challenge with major injury counts as a fall
  -  Assess the risk
  -  Make appropriate referrals
  -  Safety teaching

2026 Annual Conference & Expo 29

### Proceed with Caution!

- It is still the clinician's responsibility to ensure the OASIS appropriate responses are chosen*
- Question 1: in the draft OASIS-E2 Guidance Manual, Chapter 1 convention #9 stated "An agency's software may not "answer" or "generate" the OASIS response for the assessing clinician."
- Please address the following scenario to clarify what is meant by this convention:
  - A clinician is completing a Start of Care assessment. Their iPad uses an ambient listening AI platform, with the patient's consent, that populates some of the OASIS responses while the assessment is being conducted. After completing the assessment, the clinician reviews the OASIS items one by one, making corrections on any items they feel were incorrectly coded by the AI platform.
- Is this scenario compliant with convention #9?

2026 Annual Conference & Expo 31



2026 Annual Conference & Expo 30

### And the Answer Is...

- No! Clinicians cannot abdicate this responsibility to AI's Ambient-Listening feature*
- Answer 1:
  - As stated in the final version of the OASIS-E2 Guidance Manual, "an agency's software may not "answer" or "generate" a **final** code for the OASIS items.
  - Following agency policies, the assessing clinician is responsible for considering available information and ensuring the appropriate OASIS item response(s) were selected, within the appropriate timeframe and consistent with data collection guidance."

2026 Annual Conference & Expo 32

**OASIS is required for all patients**

I know because the regulations just changed.

**Myth**

**Reality**

2026 Annual Conference & Expo

33

**OASIS Changes**

- *Fact or Fiction?*
- Not so fast! OASIS is included in comprehensive assessments, for all payers- but only if OASIS is “not exempt”
- Exemptions include:
  - One visit in a quality episode
  - Under 18 years old
  - Maternity care
  - If not “Skilled” care per Chapter 7 definition

2026 Annual Conference & Expo

34

**Next Myth?**

“Wonk, wonk, wonk, wonk, wonk.”  
isn’t that what the teacher sounded like in Peanuts?

**Myth**

**Reality**

2026 Annual Conference & Expo

35

**References**

- OASIS Quarterly Q & As
- OASIS E2 Guidance Manual
- Expanded HHVBP Model: Changes to the Applicable Measure Set Beginning inCY2026
- Home Health Quality Measures


2026 Annual Conference & Expo

36

**Thank You!**

LisaSelman-Holman@McBeeAssociates.com  
Annette@providerinsights.com

---

 2026 Annual Conference & Expo © 2026 California Association for Health Services at Home